Ian's Wood
High Eskholme
Raw Crag
Moss Plantation
River Esk
Stock's Bridge (FB)
Low Coppice
High Coppice
Ford
Knott End
Cropple How
Cropple How Plantation
Park Hill
NTL
Hinninghouse Bridge
Hinning House
Cragg Farm
Low Eskholme
Hirst Lodge
Waste Wood
Sheepfolds
Sheepfold
Raven Crag
Latter Barrow
Bield
Howbank
Ewe Crag
Lease Knott
Muncaster Bridge
MHW
Birkby
Ellerbeck
MUNCASTER CP
Barnscar
Settlement
Cairns
Mon
Graymains
Glenwood
Nether Stainton
Stainton Twr
High Dyke Wood
Dyke
Spr
Broad Oak
Bridge End
BS
Mill Gill
Millgate
Quarry (dis)
A595
Woodside
Benson Lane
Stainton
Black Beck
Stainton Beck
The Intake
Stainton Ling
Samgarth Beck
Stainton Fell
Enclosures
Black Beck
Linbeck Gill
Rough Crag
Pike How
Water Crag
Tewit Moss
Seat How
The Seat
Washfold Point
Devoke Water
Watness Coy
Pile of Stones
Field System
Hall Beck
Rigg Beck
Woodend
Kitt How
Little Gill
Birkby Fell
Stord's Hill
Rowantree How
White Pike
Woodend Height
Yoadcastle
Cockley Moss
Ulpha Fell
The Knott
Stainton Pike
Storthes Gill