Sandbeds Moss
392
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Baldhowend
Quarry (dis)
306
MATTERDALE JCP
Hazelhow End
Cockley Moor
455
Knotts Quarry (dis)
Thornythwaite
Norman Crag
Ford
Groovebeck Fold
FB
Groove Beck
Red Moss
Blake Sike
412
High Row
Sheepfold
Little Pike
Bank
Lucy's Wood
Cuddy Crag
Green How
Hollin How
Gill Edge
Hollins
Millses
Rid dings Beck
Horsemire Head
Low How
Beckbottom
Crookwath
Fair How
Dockray
Fonds
High Brow
292
Parkgate Farm
Quarry (dis)
Fall
Dowthwaite Crag
Weir
Waterfall
Dowthwaitehead
Aira Beck
Pounder Sike
Bracken How
Brunt Crag
Round How
387
Park Brow
Fords
Lunthwaite
37
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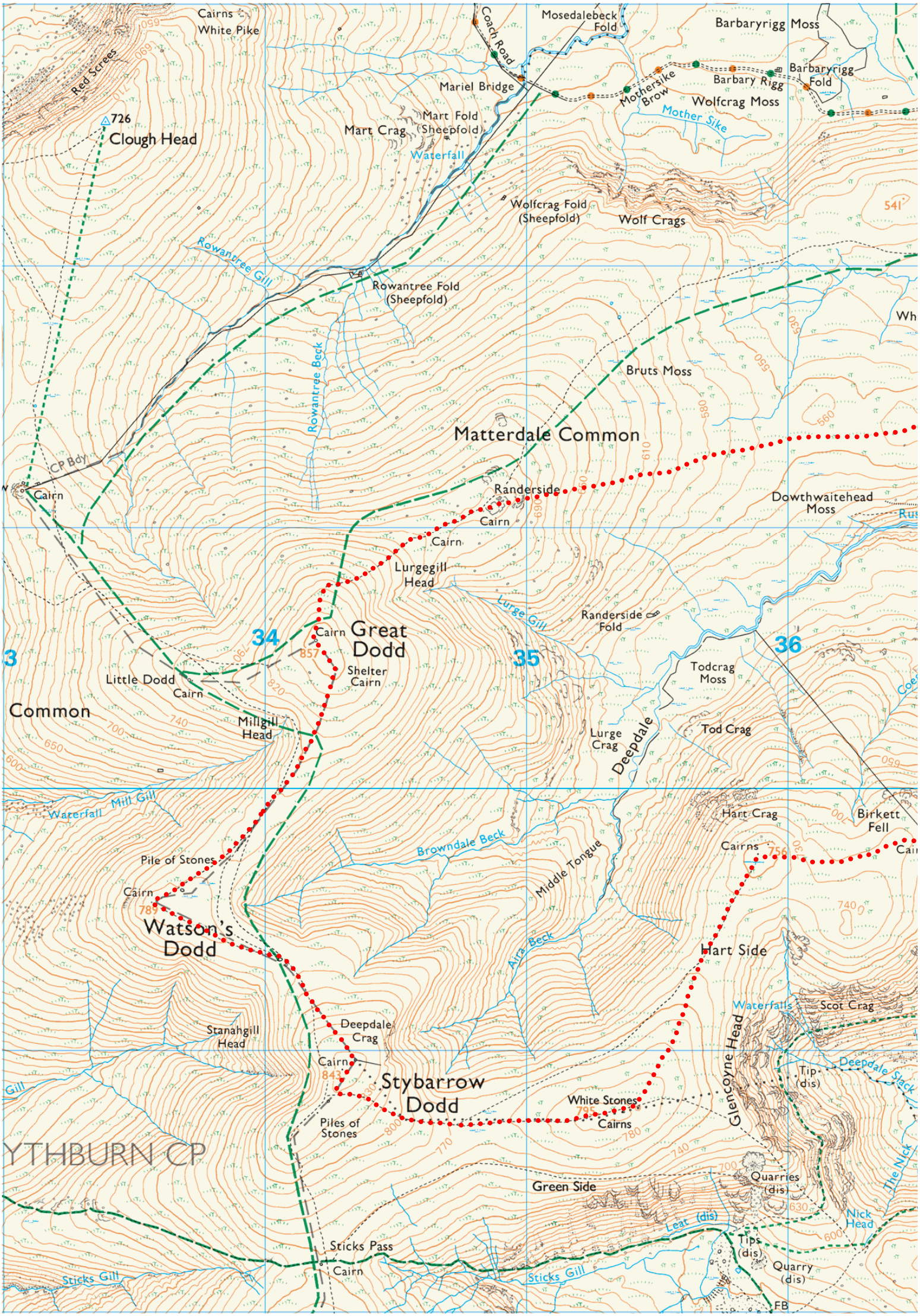
Common Fell
Cairn
Groove Gill
Groove Gill Beck
Aira Force
FBs
Waterfalls
Watermillock Common
188
A5091
Glencoyne Park
Settlement
Little Aira Beck
Swineside Knott
553
Spying How
Far Swan Beck
Middle Swan Beck
Near Swan Beck
A592
Ferry P
147
Brown Hills
Bell Knott
Taylor Fold
Glencoyne Brow
Winnebrooke Gill
Glencoyne Bridge
Glencoyne Beck
Dam (dis)
Glencoyne
146
Bleabank Side
Seldom Seen
Norfolk Island
Silver Point
Silver Bay
Black Crag
Moss Crag
Boat House
Sheffield Pike
Cairns
Cairn
Glencoyne Wood
Mossdale Bay
Lingy Holm


Cairns
White Pike
Red Screes
726
Clough Head
Coach Road
Mosedalebeck Fold
Barbaryrigg Moss
Barbaryrigg Fold
Barbary Rigg
Mothersike Brow
Wolfcrag Moss
Mother Sike
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Mart Fold (Sheepfold)
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Tod Crag
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Scot Crag
Stanahgill Head
Deepdale Crag
Cairn
843
Stybarrow Dodd
Glencoyne Head
Tip (dis)
Deepdale Slack
White Stones
795
Cairns
Piles of Stones
YTHBURN CP
Green Side
Quarries (dis)
The Nick
Nick Head
Leat (dis)
Tips (dis)
Quarry (dis)
Sticks Pass
Cairn
Sticks Gill
FB